

Loucks Top 10 All-Time List – Men

100 METERS / 100 YARDS

10.60	10.60	Robert Thomas	Roosevelt (D.C.)	1	1985
10.63	10.63	Hank Palmer	Pierrefunds	1	2003
10.4	10.64	Mike Morris	Ayer	1	1981
9.5Y	10.64	Willie Smith	Uniondale	H	1974
10.67	10.67	Palmer		H	2003
9.6Y	10.74	Smith		1	1974
10.74	10.74	Lashawn Merritt	Woodrow Wilson (VA)	1	2004
10.75	10.75	Chris Durant	Woodlands	1	1986
10.76	10.76	Andre Summers	Dunbar	1	2001
10.77	10.77	Jermaine Stafford	Franklin (Rochester)	H	1993
10.78	10.78	Dasan Haire	Roman Catholic	1	1998

200 METERS

21.02	21.02	Lashawn Merritt	Woodrow Wilson (VA)	1	2004
21.26	21.26	Ed Lovelace	Hempstead	1	1986
21.39	21.39	Kyle Jackson	Clarkstown South	1	1997
21.43	21.43	Eric Seely	Half Hollow Hills	1	2002
21.49	21.49	James Wortham	Woodson	1	1988
21.49	21.49	Sean Lambert	South Shore	1	2000
21.50	21.50	Prince Marsh	Peekskill	1	2001
21.52	21.52	Chris Durant	Woodlands	2	1986
21.52	21.52	Carlos Bedoya	Stepinac	2	2000
21.60	21.60	Andre Summers	Dunbar	2	2001

400 METERS / 440 YARDS

47.12	47.12	Andre Thompson	Spingarn	1	2000
47.40	47.40	Elzie Coleman	Newburgh	1	2003
47.42	47.42	Coleman		S	2003
47.4	47.54	David Peltier	Wingate	1	1982
47.61	47.61	Rob Frelow	White Plains	1	2001
47.62	47.62	Randy Patterson	Newburgh	1	2010
47.5	47.64	Peltier		1	1981
47.8Y	47.66	Joe Morris	New Hyde Park	1	1975
47.70	47.70	Terrance Livingston	Great Neck South	1	2009
47.71	47.71	Sean James	Evander Childs	1	1992

800 METERS / 880 YARDS

1:50.8Y	1:50.29	Mark Belger	Mephram	1	1974
1:50.61	1:50.61	Zavon Watkins	Liverpool	1	2011
1:51.09	1:51.09	Mike Quercia	Marcellus	1	2010
1:51.7Y	1:51.19	Bill Martin	Catholic Memorial	1	1975
1:51.1	1:51.24	Jeff Van Wie	Suffern	1	1983
1:51.9Y	1:51.39	John Brady	St. Helena	1	1968
1:51.3	1:51.44	Teddy King	Westbury	1	1984
1:52.0Y	1:51.48	Mike Hagan	Suffern	2	1974
1:52.0Y	1:51.48	Don Paige	Baldwinsville	2	1975
1:51.5	1:51.64	Mark Sullivan	Scarsdale	2	1984

1600 METERS / ONE MILE

4:10.5Y	4:09.19	Greg Herzog	White Plains	1	1979
4:10.6Y	4:09.29	John Tuttle	Alfred-Almond	1	1977
4:11.1Y	4:09.78	Charles Logan	Bernardsville	2	1979
4:09.86	4:09.86	Tyler Stutzman	Western Albemarle	1	2009
4:10.46	4:10.46	Matt Tooman	Deer Park	1	1995
4:12.0Y	4:10.67	Don Paige	Baldwinsville	1	1975
4:10.89	4:10.89	Mike Going	Wheatley	1	1990
4:11.13	4:11.13	Zavon Watkins	Liverpool	1	2011
4:12.8Y	4:11.47	Bill McLaughlin	Sacred Heart	1	1968
4:11.64	4:11.64	Chris Carrington	North Rockland	2	2009

3200 METERS / TWO MILES

8:56.02	8:56.02	Chad Noelle	Greene	1	2011
9:02.0Y	8:58.99	Alberto Salazar	Wayland	1	1975
9:00.21	9:00.21	Martin Hehir	Washingtonville	2	2011
9:03.4Y	9:00.38	Chris Hallinan	Bernards	2	1975
9:03.9Y	9:00.88	Robert Siehl	Morris Hills	1	1976
9:04.7Y	9:01.67	Gene McCarthy	All Hollows	1	1974
9:04.9Y	9:01.87	Pete Crooke	St. Anthony's	3	1975
9:05.1Y	9:02.07	Royce Flippin	Princeton	2	1976
9:05.3Y	9:02.27	Maurice Weaver	Power Memorial	4	1975
9:05.8Y	9:02.77	John Evans	Bishop Grimes	2	1974

110 METER HIGH HURDLES

14.17	14.17	Verrol Jackson	Schenectady	1	2003
14.0	14.24	Shane Saunders	Uniondale	H	1983
14.29	14.29	Dior Lowry	Martin Luther King (Phil)	2	2003
14.30	14.30	Justin Gaymon	Phillipsburg	S	2005
14.32	14.32	Sancho Barrett	Amityville	1	2010
14.35	14.35	Rodriques Pfister	Ballou	1	1995
14.37	14.37	Devon Davis	Pickering	1	1998
14.38	14.38	Clifford Montford	North Babylon	1	1986
14.38	14.38	Antoine Johnson	Tuckahoe	2	1998
14.39	14.39	Kevin Reed	William Penn	1	1989

400 METER INTERMEDIATE HURDLES

51.40	51.40	Derrick Adkins	Malverne	1	1988
52.41	52.41	Rodriques Pfister	Ballou	1	1995
52.70	52.70	James Manigault	Brentwood	1	1986
52.90	52.90	Adkins		1	1987
53.53	53.53	Sherwin Sterling	Spring Valley	2	1986
53.60	53.60	Tom Branch	Ballou	1	1985
53.68	53.68	Dave Rameriz	Methuen	2	1985
53.72	53.72	Chris Cobbs	Franklin (Phil)	1	1996
53.75	53.75	Nathan Alexander	Woodson	1	2000
53.83	53.83	Greg Simonds	Byram Hills	1	2002

3000 METER STEEPLECHASE

9:12.40	9:12.40	Edward Owens	Packer	1	2011
9:14.5	9:14.74	John Tuttle	Alfred-Almond	1	1977
9:16.88	9:16.88	Phil Cawkwell	Byram Hills	1	2007
9:19.9	9:19.91	William Vespe	Archbishop Molloy	1	1992
9:22.9	9:23.14	Lenny Hernandez	Memorial	1	1979
9:23.5	9:23.74	Brian Bradby	Mount Vernon	1	1978
9:23.8	9:24.04	Todd Sinclair	North Rockland	2	1979
9:24.0	9:24.24	Patrick Bickford	Lawrence (Maine)	3	1979
9:24.3	9:24.54	John Gregorek	St. Anthony's	2	1977
9:25.2	9:25.24	Corey Goss	St. Anthony's	4	1979

400 METER / 440 YARD RELAY

41.3Y	41.24	Ayer		1	1981
41.24	41.24	Woodson		1	1988
41.79	41.79	South Shore		1	2007
41.81	41.81	Newburgh		1	2003
41.90	41.90	White Plains		1	1987
41.94	41.94	Ben Franklin (Rochester)		1	1993
42.1Y	42.04	Jefferson		1	1975
42.1Y	42.04	Woodson		2	1981
42.1Y	42.04	Woodson		1	1983
42.14	42.14	Poly Prep		1	2001

1600 METER / ONE MILE RELAY

3:15.5Y	3:14.50	Woodson	1	1983
3:15.47	3:15.47	Newburgh	1	2003
3:16.50	3:16.50	Elmont	1	1987
3:17.8Y	3:16.79	Wingate	1	1982
3:16.90	3:16.90	Woodson	1	1988
3:18.2Y	3:17.19	Mount Vernon	1	1975
3:17.20	3:17.20	Cardinal Spellman	1	1986
3:17.34	3:17.34	Woodson	2	1987
3:18.4Y	3:17.39	Wingate	1	1981
3:17.48	3:17.48	Ramapo	1	2009

3200 METER / TWO MILE RELAY

7:44.92	7:44.92	Liverpool	1	2010
7:46.50	7:46.50	Liverpool	1	2009
7:46.74	7:46.74	Western Albemarle	2	2009
7:49.5Y	7:46.91	Power Memorial	1	1968
7:50.5Y	7:47.91	Wingate	1	1974
7:48.00	7:48.00	Arlington	3	2009
7:51.7Y	7:49.10	Jamaica	2	1968
7:52.3Y	7:49.70	Nazareth	3	1968
7:50.85	7:50.85	Iona Prep	4	2009
7:53.8Y	7:51.19	Scotch Plains	1	1969

Distance Medley Relay

10:01.13	10:01.13	Westerly	1	2009
10:01.87	10:01.87	Western Albemarle	2	2009
10:07.20	10:07.20	St Benedict's	1	2011
10:11.32	10:11.32	Western Albemarle	1	2008
10:12.24	10:12.24	Guilderland	1	2007
10:13.98	10:13.98	Shenendehowa	2	2008
10:14.91	10:14.91	Archbishop Ryan	3	2008
10:14.52	10:14.52	Westfield	1	2004
10:15.69	10:15.69	Byram Hills	2	2007
10:15.09	10:15.09	Warwick Valley	3	2009

LONG JUMP

24' 8.5"	Dwayne Pugh	Woodson	1	1981
24' 3.25"	Rolyce Boston	Sheepshead Bay	1	2011
24' 1.25"	Howard Allen	Spring Valley	1	1982
24' 0.5"	Jermaine Johnson	White Plains	1	1991
24' 0.5"	Devon Davis	Pickering	1	1998
23' 9.25"	Fred Samara	Fort Hamilton	1	1969
23' 8.75"	Adrian Cumberbatch	New Rochelle	1	1995
23' 8.5"	Lucas Kerley	South Jefferson	1	1989
23' 8"	Bernard Goad	Coolidge	2	1978
23' 7"	Ed Clary	Mount Vernon	1	1986

TRIPLE JUMP

52' 4.5"	Sanya Owolabi	Sleepy Hollow	1	1978
51' 11"	Owolabi		1	1977
50' 1.5"	Neal Conner	Ayer	1	1981
49' 10"	Gary Jones	Webster	1	2006
49' 5.5"	Dexter France	Baldwin	1	1985
49' 5"	Jermaine Johnson	White Plains	1	1989
49' 2"	Rich Thompson	Woodlands	1	1987
48' 10.75"	Zach Gillon	Peekskill	1	1969
48' 10.25"	Lonnie Smith	Nyack	1	1975
48' 9.5"	Steve Crouse	Colonie	1	2007

HIGH JUMP

7' .25"	Richard Evans	Woodson	1	1983
7' 0"	Tim Walker	Rogers	1	1975
7' 0"	Walker		1	1974
6' 10.5"	Jay Gonzalez	Lynbrook	1	1978
6' 10.25"	Mike Jacob	Croton-on-Hudson	2	1978
6' 10.25"	Quentin Mathews	Deep Creek	1	2000
6' 10"	Eldred Williams	Music and Art	1	1980
6' 10"	Kevin Hopkins	Our Lady of Providence	2	1980
6' 10"	Robert Lawrence	White Plains	1	1981
6' 10"	Erik Mueller	Carmel	1	1991
6' 10"	Rudy Reavis	New Rochelle	2	1974
6' 10"	Williams		2	1981
6' 10"	Rodney Heath	Roosevelt (L.I.)	2	1983

POLE VAULT

16' 0"	Jordan Yamoah	Arlington	1	2010
15' 7"	Brian McGovern	Mount St Michael	1	2008
15' 5"	Mike Dempsey	Gates-Chili	1	2006
15' 4"	Ryan Dall	North Rockland	1	1993
15' 3"	Tim Beattie	Warwick Valley	1	1986
15' 3"	Dempsey		1	2007
15' 0"	Bill Dewitt	Carmel	1	1991
15' 0"	Dall		1	1992
15' 0"	Dall		1	1994
15' 0"	Jake Radzevich	Pinkerton, NH	1	2002
15' 0"	Andrew O'Connor	Molloy	1	2003
15' 0"	Yamoah		1	2011

SHOT PUT

70' 11.50"	Nick Vena	Morristown	1	2011
70' 8"	Vena		1	2010
64' 11.75"	John Hickey	Tappan Zee	1	2005
63' 4.5"	Tony Harlin	Nanuet	1	1976
62' 7.75"	Robert Will	Lynbrook	1	1975
62' 4"	Phil Caraher	North Rockland	1	1987
61' 11.75"	Ed Ellis	Patchogue-Medford	1	1982
61' 9"	James Grant	Liverpool	1	1985
61' 1.5"	Rudy Guevara	Essex Catholic	1	1970
61' 0"	Jim Joyce	Gaithersburg	1	1978
60' 11"	Ellis		1	1981

DISCUS

185' 2"	Mike Levine	Commack	1	2009
180' 0"	Sal Gigante	Iona Prep	1	1997
179' 0"	Ed Ellis	Patchogue-Medford	1	1981
176' 11"	Gigante		1	1996
174' 11"	Bob Parducci	Roselle Catholic	1	1971
174' 4"	James Grant	Liverpool	1	1985
173' 10"	Sean Farrell	West Hampton	1	1977
173' 10"	Mark Rifkin	Cherry Hill-West	1	1978
172' 6"	Phil Hartung	Columbia	2	1978
172' 5"	John Wasuk	Newtown	1	2011

JAVELIN

188' 08"	Nate Quinn	New Canaan	1	2009
187' 9"	John Wlasuk	Newtown	1	2011
183' 10"	Aaron Konigsberg	Hackley	1	2008
180' 4"	Mike Belluzzi	John Jay East Fishkill	2	2009
180' 2"	Joe George	Hanover Park	1	2004
177' 6"	Mike L'Homme	Bishop Freehan	1	2005
177' 6"	Dylan Dombrowski	Archbishop Molloy	1	2006
177' 4"	Dombrowski		1	2007
177' 3"	Tom Effler	Bishop Feehan	2	2008
174' 7"	Rick Verrall	Archbishop Ryan	3	2008

PENTATHLON

3349	Sean Berg	Fitch	1	2003
3302	Tim Murphy	New Canaan	1	2007
3296	Donovan Haigler	White Plains	1	2005
3214	Mike Blenk	Lawrence	1	2006
3181	Michael Carroll	Nanuet	1	2009
3172	Matt Waters	Washingtonville	1	2008
3158	Freddie Wills	Londonderry	1	2004
3158	Andrew Omoregie	Gates-Chili	2	2006
3154	Blaize Parker	Uniondale	2	2009
3149	Wayne Seaton	Fordham Prep	2	2008